



NEW HAMPSHIRE CLUBWOMAN

NEWSLETTER August 2023

A Member of the General Federation of Women's Clubs



President's Message



Dear GFWC-NH Clubwomen:

Attending the GFWC International Convention is a remarkable experience! It is a "coming home" place where like-minded sisters gather to share their accomplishments from the past year and plan for the future of our great organization! There is excitement, celebration and a sense of understanding that we are part of an impressive group of women who make a difference in the world by being consistent volunteers in our own local communities. Our grass roots efforts produce staggering results!

But more than the "business" of GFWC, those that go to the GFWC Annual convention immediately start to develop lifelong friendships while attending for the very first time. These friendships will last forever! I've had the most wonderful experience of serving on the GFWC Board with GFWC 1982-1984 President Juanita Bryant. I was GFWC-NH Junior Director back then and our current GFWC President-elect, Suellen Brazil, was GFWC Junior Education Chairman. I am sure Suellen would agree when I say that President Juanita ran a tight ship! But we learned so much from her about GFWC: how to volunteer, how to market a project...how to conduct a meeting. Juanita Bryant was "bigger than life" to this 20ish year old (She had regular appearances on the Today Show!) and indeed she was the mentor who I chose to emulate. But President Junita passed on the best life lesson of all; *"she was never too big to be kind to all she met"*. To this very day she meets every individual with respect, interest, and care. President Junita has been a GFWC Clubwoman for over 70 years. She never forgot her board who served with her and asked that we take a picture at this year's GFWC Convention. Rumor has it that she will not be attending GFWC Conventions in the future, but she asked us to write to her and keep in touch. *We did that back in the 1980s, we wrote notes to each other often, and Junita was the most prolific writer!* I will get back to letter writing by hand and I will treasure our picture taken at a special moment during the 2023 GFWC Convention. Friends forever!

Thank you for all you do! Beth



Beth Roth, President
"Honoring NH Women Past, Present and Future"
GFWC NH
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GFWC Annual Convention Photo Album





All Dressed Up



and Having Fun

Girls Around Town...





Membership

Denise Raisanen, GFWC-NH President-Elect
GFWC-NH Membership Chairman
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The GFWC Sparkle and Shine Campaign continues. Thank you to clubs that have submitted the list of members that joined in the last quarter of the 2022-23 club year.

Congratulations to GFWC Hollis Woman's Club 6 new members, GFWC Woman's Club of Somersworth 3 new members and GFWC Nashaway Woman's Club 2 new members. This is adding to 93 new members reported in the previous quarters.

It is not too late to submit information to me. I will submit it to GFWC.

Think about how you are staying connected during the summer. Although clubs do not meet during the summer, it is a great time to have a social or outing. There are so many beautiful spots to have coffee, a picnic or a cocktail. (see photos below!)

Plan your Communications and Public Relations and plan to recruit new members at the start of your club year. Submit a news article to your local paper about your upcoming meetings and program. Keep your Facebook page active.

Reach out to GFWC-NH Chairmen for ideas and help. We are here to assist.

Hope the remainder of your summer is safe but also fun.



Somersworth Club having summer socials at Moody Beach and York Beach! Don't work too hard!



Reporting

Donna Maskwa, GFWC-NH Vice President

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Announcing our GFWC-NH Awards from the 2023 GFWC International Annual Convention in Kentucky!

News is floating around NH about the fun our NH members had at the Annual Convention in KY and GFWC-NH received many of the top awards given to states! Please note...we often wait to announce these at our GFWC-NH Fall Field Meeting, which will be on October 14 at the Searles Chapel in Windham. When we meet face to face, we will have so much to CELEBRATE!

GFWC-NH is in a category with other states of similar sized membership numbers including Maryland, Ohio, Mississippi, New York, Arizona, Delaware, Minnesota, and Iowa. Here's a summer sneak peek of our awards made possible by every wonderful project, every generous donation, made by every club and by every member of our GFWC-NH State Federation. Congratulations and thank you!

GFWC Signature Program: Domestic and Sexual Violence Awareness and Prevention goes to GFWC-NH!

GFWC Juniors Special Program: Advocates for Children goes to GFWC-NH!

GFWC Community Service Program: Environment goes to GFWC-NH!

Additional recognition went to GFWC-NH for success in recruiting new members. All attending NH members were given a flag to wear with their convention nametags. Other attendees were asked to seek out those with flags on their names and ask them how they helped increase membership in their state!

Mary McGahan was recognized for receiving her Shot at Life training and for being a Shot at Life Ambassador. Congratulations Mary!

Our GFWC Girls in Action Juniorette Club also received special recognition for their work in NH as our only Juniorette Club. Way to go!!

Watch for the 2023 GFWC-NH Fall Field Meeting Call. Bring ALL your members! Let's celebrate together.

Other News on Reporting:

The full 2022 GFWC-NH club Awards Booklet with Top Ten Projects and Top Creativity Award is now available online at <https://gfwcnh.org>. Log onto our website as a member and go the "Members" tab and then "Library". It's a great inspiration for every club looking for future projects in their town.

GFWC's newest Top Projects can now be found at <https://www.gfwc.org/news-publications/gfwc-top-projects/>.

Special Note to all Chairmen: Summer is a perfect time to think about what tips, tricks, ideas and info you want to share with our awesome clubs. District Meetings and Fall Field will be here before you know it. Our chairmen are our best resources for our clubs. Thank you for all the enthusiasm and information you share.

Summer Reading Challenge for ALL members: Let's all read the GFWC Manual. Seriously! You'll learn so much about our great organization. There's even a "Read Time" chart of all the chapters at the end of this newsletter. Get inspired!



GFWC Signature Program

Domestic and Sexual Violence Awareness and Prevention

Mary McGahan, GFWC NH Chairman

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I want to update all of you on some wonderful news from the NH Coalition Against Domestic and Sexual Violence.

June 29th marked the end of the 2023 legislative session as legislators from the NH House and Senate met to cast their final votes on the Committee of Conference reports. I am so excited to share some of the Coalition's successes. The Coalition staff tracked more than 150 bills that could have an impact on victims and survivors in New Hampshire. This included observing more than 250k executive sessions, meetings, and sessions of the legislature, as well as providing testimony on 20 bills in both the House and Senate, collaborating with more than 30 stakeholders, and engaging community members in important advocacy initiatives throughout the last six months.

Domestic Violence Prevention

HB 1 allocates \$1.29 million in general fund appropriations to the Domestic Violence Prevention Program for both FY 24 and an additional \$1.29 million FY 25. We should all be grateful that the DVPP has been level-funded over the next two years.

HB1 also continues to fund civil legal services through the Judicial Council, including money allocated to the DVAP administered by NH Legal Assistance.

Human Trafficking Prevention and Response

Under HB 1, funding has been appropriated for the state's enforcement and prosecution initiatives to fight human trafficking, with the additional funding designated to assess ways to improve our state's efforts to combat human trafficking. This is the first time that state funds are being allocated to address human trafficking in New Hampshire.

These bills have all been passed on to have the Governor sign them into law.

This club year we will be supporting Domestic and Sexual Violence Awareness and Prevention through both the Coalition and Crisis Centers. Some of these efforts will be legislation support, October's DV Awareness Month, Wear **Purple**, October is also when WAM (Walk a Mile in Their Shoes) is promoted, November is American Indian Heritage Awareness Month, January 11th is Human Trafficking Awareness Day, February is Teen Dating D&V Awareness Month, April is Child Abuse Awareness Month, April is also Sexual Assault Awareness Month and the official color is **Teal**. June is Elder Abuse Awareness Month.

Please try to promote these times with your clubs. Any questions, concerns or help with some ideas on how to promote any of them, please reach out to me.



Juniors' Special Program: Advocates for Children

Donna Maskwa, GFWC-NH Vice-President and Interim Chairman

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GFWC ADVOCATES FOR CHILDREN WEEK IS SUNDAY, OCT 23-SAT, OCT 28, 2023.
PLEASE PUT THIS WEEK LONG CELEBRATION ON YOUR CLUB'S CALENDAR TODAY.

As a GFWC member I know that the club projects that often really touch our hearts are the ones helping children. But did you ever ask what being an "Advocate" for Children really means? I had to look that up. The definition of child advocacy is "support for children who are in a vulnerable position in society or in a vulnerable situation" - GFWC 2022-24 Club Manual.

During this year's GFWC Advocates for Children Week, GFWC encourages all clubs to find a way to be a voice for children. The emphasis *for this year's* Advocates for Children Week will be to promote a collection of personal hygiene items, clothing, and blankets to local organizations for children removed from homes due to unsafe conditions. Many NH clubs are already partnering with these types of organizations. The NH Coalition Against Domestic and Sexual Violence and their partner organizations such as HAVEN (on the Seacoast), Bridges (Nashua), Crisis Center of Central NH (Concord), and others are familiar partners to our local clubs. Other Child Advocacy Centers (CAC's) can be found on the web at <https://cac-nh.org/>

Advocating for Children is a continuing yearlong "opportunity" for clubs. Some suggested projects like the project above may involve a little fundraising or a donation to a partner organization. That's exactly why "We are GFWC!" Our GFWC-NH President Beth Roth's President's Project is "Supporting Homeless Teens" with support for Stepping Stones and Waypoint- both perfect partners for all our clubs. Our International Affiliates, including March of Dimes, St. Jude's Research Hospital, UNICEF and Heifer are also great child advocacy partners. As we sit through this summer's wild weather, maybe this year your club might want to fund a summer camp scholarship for a vulnerable child. Our awesome GFWC Nashaway Woman's Club did just that in 2022! Cool idea, right?

There are many other ways to be child advocates in our clubs at no cost. Guest speakers at our club meetings help educate our members to be "informed" advocates in our communities. Many of you know about NH Children's Trust. We love their Pinwheels for Prevention gardens, but they are so much more, and they would love to come speak to your club to tell you more! Their podcasts are great. *Contact Diane at dhastings@nhchildrenstrust.org or 603-415-0323.* Use your club's social media outlets to share posts from these partners. It helps them spread their message to others and is hugely important to them.

Finally, please advocate for legislative action! Yes, GFWC is a TOTALLY nonpartisan organization, but our historic strength is in “kick butt” legislative action supported by our GFWC Resolutions. Child labor laws! Violence Against Women Act! Thank a GFWC clubwoman! Join GFWC’s Legislative Action Center to support the EARN IT ACT which is legislation aimed at protecting children online. LAC allows you to contact your elected official with prewritten emails. Please read Laurie Jasper’s Chairman’s article in this edition for full info and links to LAC. This year let’s all use our collective voices and be Advocates for Children.

“If we don't stand up
for children, then we
don't stand for much.”

- Marian Wright Edelman





Civic Engagement and Outreach

Nancy Greenberg and Carol Waters, GFWC-NH Co-Chairmen

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CIVIC ENGAGEMENT and OUTREACH

Citizenship...Veterans...Military...Homeless...Hungry...Needy...Safety...Emergency Preparedness

Dr. Paul Farmer, U.S. physician, humanitarian, leader in global health, co-founder of Partners in Health, leader of the mission to solve social inequities, and author stated:

“For me, an area of moral clarity is: You’re in front of someone who’s suffering, and you have the tools at your disposal to alleviate that suffering or even eradicate it, and you act.

If I am hungry, that is a material problem; if someone else is hungry, that is a spiritual problem.”

A book worth reading about Dr. Farmer is: The Quest for Dr. Paul Farmer, a Man Who Could Cure the World, by Tracy Kidder.

A Day of Service: Feeding the Hungry

Every club can undergo a project guaranteed to gather welcome food to feed the hungry or food-insecure families of New Hampshire. We can re-stock local pantries, help fill the larders of nonprofits such as St. Vincent de Paul, Family Promise or End 68 Hours of Hunger...at NO COST to your club!

A Food Drive can be an easy and successful project!

1. Check with your local food pantry or nonprofit to see what food items are needed the most. Ask for the top 10 nonperishable items or fresh produce.
2. Find a local grocery store that is willing to let you set up in front of the store to ask customers entering if they will donate one or more of the requested items. Hand them the “wish list” to have while they shop.
3. Set up with a tent with a GFWC or club logo, tables underneath to stack food, sandwich boards with signage about food drive, recipients and your club. Have brochures and/or information about nonprofits and your club/GFWC-NH available and highlight your club’s charitable work in the community.
4. Club members can sign up to man the table.
5. Collect and sort food items and arrange delivery to the intended nonprofit or arrange for them to meet and pick up food.

Thank you, Have fun! Carol and Nancy



Health and Wellness

Laura Otterson and Deb Provencher, GFWC-NH Chairmen

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MAKING STRIDES AGAINST BREAST CANCER

We are excited to announce GFWC-NH has signed up to be a team for the 2023 Making Strides Against Breast Cancer of NH. This walk is one of the largest fundraisers of the American Cancer Society. "We envision a future where our children no longer live with the threat of breast cancer and where everyone has a fair and just opportunity to prevent, find, treat, and survive the disease. By supporting the Making Strides movement, you help ensure the American Cancer Society can continue fighting for the same vision. Together, we can help fund the future of breast cancer research and programs for our loved ones today – and for the next generation."

Laura Otterson, as GFWC-NH Health and Wellness Co-Chair, will act as our Team Leader.

How to join the GFWCNH Team:

1. Go to MakingStridesWalk.org/NH
2. Click on sign up
3. Follow the prompts (enter your email, create a password, find the GFWCNH team, join the team, etc.)
4. Personalize your fundraising page (people who do this raise more)
5. E-mail your friends, co-workers, neighbors, everyone asking for them to donate to your page/our team.
6. Share on social media.

The Making Strides event is Sunday October 15, 2023, at Memorial Field in Concord.

Each GFWC-NH local club with members joining our GFWC-NH Making Strides team can get creative in whatever way you'd like to represent your club...fancy fingernails, hilarious hairdos, creative clothing, whatever you'd like. As we come together as full team, we'll showcase our "Unity in Diversity", and the entire state team will get T-shirts and walk together. (Clubs should also plan to report their individual club contributions of time and donations in their local club's reporting efforts.)

More information on the Breast Cancer Walk appears later in this newsletter.

GARDENING

Health and wellness experts say that the combination of physical activity and exposure to sunshine and nature are likely one of the main reasons why gardening is good for your body. Getting your daily dose of vitamin D is necessary for maintaining a healthy heart since it regulates blood pressure. Light gardening and yard work is considered a form of moderate activity, making it an enjoyable way to meet our daily activity needs and strengthening your muscles. Gardening can also reduce your risk of depression and anxiety. Outdoor gardening is most beneficial but indoor gardening can also be advantageous.

So, members should go out and enjoy some gardening!

Reach out to either Laura or Deb if you have any questions or concerns.



Arts and Culture

Sheila Casey and Mary Ryan, GFWC-NH Co-Chairmen
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As you are vacationing this summer and fall and capturing “moments”, keep the GFWC Photography Contest, THE WORLD IN PICTURES in mind. The categories are the same as last year: Our World Up Close, Natural Wonders, and Reflections. Living the Volunteer Spirit is another photography contest category we all love. GFWC NH entries will be on display and judged at our Mid-Winter Meeting. And don’t forget, GFWC also sponsors short story writing and poetry contests too. Check out the GFWC Photography Contest winning photos in this summer edition of the GFWC Clubwoman Magazine (pages 30 and 31) at <https://www.gfwc.org/news-publications/clubwoman-magazine/>

Here’s a brief overview of the contests from the GFWC Manual:

The GFWC Photography Contests encourage members’ artistic expression and visual storytelling, while recognizing originality, visual impact, and technical skill in photography. GFWC offers two opportunities to participate in the Photography Contests. You don’t need an expensive camera to take great pictures. Today’s cell phones offer a way to take creative pictures that are contest worthy.

THE WORLD IN PICTURES CONTEST

These photographs showcase the people, places, and things at home and around the world that impact our lives in a meaningful way, as expressed in these three categories:

Our World Up Close—

Create a visual that offers a novel viewpoint or a macro image that takes the viewer into a whole new, tiny world. Macro photography creates photos of small items that are larger than life. Some common examples are bugs or parts of flowers.

Natural Wonders—

Use wide angles and panoramas, or changeable landscape images, to showcase mountains, meadows, sandhills, rivers, waterfalls, oceans, deserts, or any other magnificent vista.

Reflections—

Feature a setting, situation, or landmark that brings back poignant memories, or capture a fleeting image reflected in glass, water, or another mirrored surface.

GFWC LIVING THE VOLUNTEER SPIRIT CONTEST

These photographs capture the special moments in the lives of GFWC clubwomen as they meet, plan, advocate, volunteer, or celebrate, in groups or one-on-one.

Full details and submission rules are available in the GFWC Manual.



Legislation/Public Policy

Laurie Jasper, GFWC-NH Chairman

LaurieJasper@myfairpoint.net



LEGISLATIVE ACTION CENTER EARN IT ACT



General Federation of Women's Clubs continues to support the prevention of online sexual exploitation of children and urges all members to contact their U.S. Senators and

Congressmen to urge them to vote for stronger accountability for technology platforms. In 2022, 31.9 million reports of child sexual abuse material were made to the Cyber Tipline hosted by the National Center for Missing and Exploited Children (NCMEC). This is an astounding 89% increase from pre-pandemic levels.

The Eliminating Abusive and Rampant Neglect of Interactive Technologies Act of 2023 (EARN IT Act, S. 12017, HR. 2732) unanimously passed the Senate Judiciary Committee in May.

Senator Lindsey Graham, the ranking member of the Senate Judiciary Committee, commented, "The tech industry needs to be held accountable. The EARN IT Act is a step in the right direction." (<https://www.lgraham.senate.gov/public/index.cfm/2023/5/senate-judiciary-committee-unanimously-approves-earn-it-act>)

Visit www.gfwc.org and take legislative action. You'll find this and more under the ACTION CENTER. Don't have a member login yet? Enroll!



Women's History and Resource Center

Phyllis Appler, GFWC-NH Chairman

pappler@earthlink.net

WHRC: Plan ahead to look back!

Does your club have STUFF? Where do you keep it? How do you organize it? Do you share it

with your community? Do you have a written club history? Let's help each other as we learn how to preserve our histories in different ways. Maybe we don't all have to reinvent the wheel!

More information coming at Fall Field meeting.

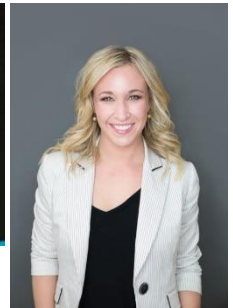




Epsilon Sigma Omicron – ESO

Mary McGahan & Alexis Kearley, GFWC-NH Co-Chairmen

info@gfwcnh.org



A note about the GFWC Women's History & Research Center (WHRC) for readers and others...

The WHRC, founded in 1948, included documents and collections of the organization's history since 1890.

The reference library is a wealth of information on women's history, the women's club movement and the history of volunteerism. Access to documents, photos, etc. is available using the links at:

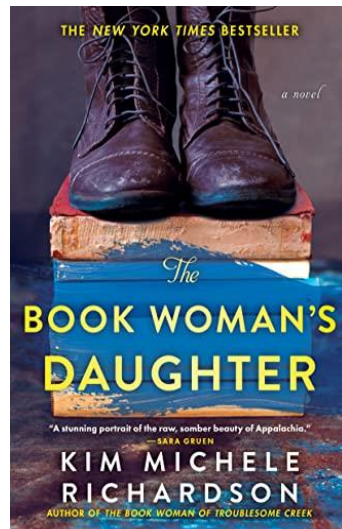
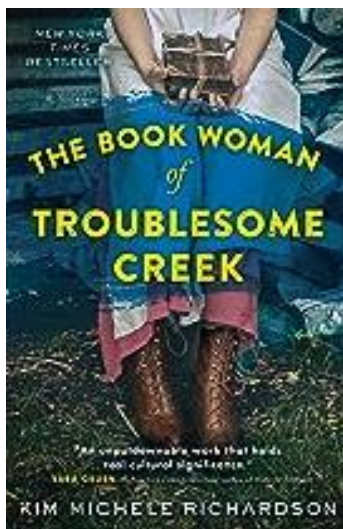
<https://www.gfwc.org/what-we-do/whrc/>

Something interesting to read:

Another interesting bit of information: In the middle of the Great Depression, America was grappling with not only the tightening of just about every single household budget, but the nation was also poorly connected. At the time most rural areas were without basic services like electricity and running water. As such, these remote areas were often devoid of public institutions like libraries. Some of the most isolated areas were nestled in the Appalachian area of Kentucky, among other locations. One of the many public programs initiated by FDR's New Deal was the Works Progress Administration, which funded the Library Initiative. The project hired fierce "book women" (and occasionally men) who were fearless, and who loved reading, and who were highly proficient on horseback for the job.

The following books are about the Kentucky Pack Horse Librarians.

The Book Women of Troublesome Creek and *The Book Women's Daughter* by Kim Michele Richardson.



As always, the opportunity to join the ESO is open to any member of GFWC-NH by filling out the attached application at the end of this newsletter. Any questions or concerns, please do not hesitate to reach out to Lexie or Mary.



GFWC-NH Clubwoman Newsletter

Donna Maskwa and Stephanie Riotto, Co-Chairmen

donna.maskwa@gmail.com sriotto@comcast.net



Welcome to our first summer edition of the GFWC-NH Clubwoman Newsletter. As announced earlier, your Newsletter team is adding a 4th issue this year. We wanted to give members a publication with more frequent opportunities for sharing information and ideas. A summer issue coming out well before most clubs start anew in September each year seemed like perfect timing. Going forward, newsletters will be come out the first week of **August**, (post GFWC Annual Convention and pre-club year kick off season), **November** (post Fall Field meeting and pre-holiday season) **February** (coordinating with Mid-Winter meeting) and **May** (coordinating with GFWC-NH Annual Meeting). The deadline for submitting articles for any issue is always the 15th of the month before publication.

We are also trying a new Calendar of Events idea for this issue. We've looked at the whole year ahead and tried to include everything AND the kitchen sink. We hope it helps all you "super-planners" out there to get lots of things on your calendar. You'll find the Calendar of Events at the end of this newsletter with other fun posters, forms and other info. Calendar items may of course change occasionally and more will be added. Watch for updated info on all our GFWC-NH communication vehicles – The Buzz, MailChimp, emails, future newsletters, snail mail, etc. Let us know how this works for you.

We hope you enjoy this summer edition with lots of photos from the 2023 GFWC Annual Convention in KY and lots of updates and ideas from your GFWC-NH team of newsletter contributors. *Happy Reading.*



Go Forth With Confidence Scholarship

Jeanne O'Sullivan, GFWC-NH Chairman

jmosullivan@comcast.net

Go Forth With Confidence NH Scholarship for Survivors Applications Now Available.

The second cycle of the 2023 Go Forth With Confidence NH scholarship process opened July 1st. The application deadline is October 1st. We have streamlined the form while maintaining secure guidelines. Individuals of any gender who have experienced domestic, sexual, or intimate partner violence at any point in their life are eligible to apply for funds to support their post-secondary education. The amount of the award is up to \$2,000.00.

To request an application or additional information, please write to: info@gfwcnh.org

Go Forth with Confidence NH Scholarship Committee:

Jeanne O'Sullivan, Chairman

Mary McGahan

Joyce Hegarty



GFWC-NH Nominating Committee

Jeanne O'Sullivan, GFWC-NH Chairman

jmosullivan@comcast.net



Seeking Candidates for 2024-2026 Administration Elected Positions

As of mid-July, there are still a few open positions on the slate of candidates for the upcoming GFWC-NH administration during which Denise Raisanen will serve as State President. We are particularly seeking members from the Capital North and Seacoast clubs for District Director and the Nominating Committee. There are also opportunities to run for the Executive Committee positions of President-elect, Vice President, Treasurer and Recording Secretary.

To volunteer for an elected position or for additional information, please write or call Jeanne O'Sullivan. Our goal is to encourage individuals from around the state to step up and bring your talents to share with our organization. We'd love to welcome new faces and fresh ideas!

Nominating Committee:

Jeanne O'Sullivan, Chairman

jmosullivan@comcast.net

(603) 498-5844 (mobile)

Betsy Cotton

Linda Twombly

Carol Brauza

Nancy Greenberg



Hollis Woman's Club

Susan Benz, President

Susan.Benz@gmail.com

Hollis Woman's Club News – **Annual Strawberry Festival, June 25, 2023**

The threat of thunderstorms could not hold back the local crowds from filling the Hollis Middle School clamoring for Strawberry Shortcakes! Our annual Strawberry Festival and Hollis Town Band Concert, held every year at the end of June, attracts people from local towns to sample the delectable desserts while listening to the band. This year's event, which usually is held on the Town Common, moved to our rain venue – but we still practically sold out of desserts!

It is our largest fundraiser each year, and the proceeds fund local High School scholarships and Alternative Scholarships to local women who decide to return to earn degrees or certificates.

Our inside event this year, featuring local strawberries which we hand-hull and sugar, homemade shortcakes, and local dairy ice cream topped by homemade whipped cream – has equaled past events that were outside! The Hollis Town Band entertained the crowds, playing showtunes and popular hits from now and the past. Purchasing a chance to conduct the band to the Stars and Stripes Forever is a big crowd pleaser! There was face painting to placate the kids, and various kid games as well.

Come and see us next year - where we will hopefully be outdoors on the Hollis Town Common and experience our fun afternoon for yourselves!





GFWC Hudson Women's Club

Laurie Jasper, President

LaurieJasper@myfairpoint.net

Happy Summer everyone, from GFWC Hudson Women's Club!

We held our June Annual Meeting this year on May 31st (which actually seemed appropriate given the craziness this year has brought!). The luncheon buffet was at The Barnyard Café at The Wilbur H. Palmer Career & Technical Education Center at Alvirne High School, prepared and served by the culinary students. Their June calendar was full of end-of-year events, finals, etc. We had a wonderful time and delicious meal and were honored that GFWC NH President Beth Roth was able to join us!

Officially, our club takes the summer months of July and August off, but we still participate in events in the area. On August 1st, we will participate in National Night Out with the Hudson Police Department, outside Rodgers Library. We had a "fishing pond" game last year, gave out prizes to the children, and shared information about our club with a lot of people!

Our club is a member of a new group in town called The Hudson Non-Profit Group. Once again this year, this group will have a space at Old Home Days to promote all the nonprofits, and several of our members will help fill time slots for the four-day event, August 10-13.

In conjunction with Old Home Days, GFWC Hudson will once again host an Open House at the Jasper family's #9 One Room Schoolhouse at 82 Old Derry Road in Hudson on **August 12th from 10-noon pm. We invite all of you to visit!** We have several different stations in the school for children (and even adults) to get the chance to learn what it was like to attend a one-room school. They may use slate and chalk boards, write with quill pens and ink, play with marbles, tops, a button game and more! We also offer refreshments outside, including our famous molasses cookies and lemonade! We do not charge admission (but do take donations).





Exeter Area GFWC

Amy Hammershoy, President

Amyhammershoy@gmail.com

Exeter Area new officers



Nancy Greenberg leading Exeter Area GFWC women in a June Bunco game!



GFWC-NH Calendar of Events for GFWC-NH Clubwoman Newsletter August 2023

Dear Members-There will be many more additions and changes, especially to events that are still being planned and when details are unconfirmed. Our purpose is to give you this early "heads up" when dates are being planned. Let's all get our calendars out. Always watch The Buzz, future newsletters, the GFWC-NH website, MailChimp's, snail mail and other resources throughout the year for updated and final details.

Early August Publication date for GFWC-NH Clubwoman Newsletter

Aug 22 GFWC-NH Summer Board Mtg. CANCELLED! Watch for reschedule information.

Sept 7 GFWC (International) Fall BoD meeting

Sept 14 Merrimack South District Meeting hosted by GFWC Nashaway at 5:00 pm

Sept 20 GFWC International BoD meeting in Colorado (No impact here in NH)

Sept 21-24 GFWC New England Regional, Rocky Hill, CT All GFWC members welcome.

Sept 28 Seacoast District Meeting hosted by GFWC Dover Area Woman's Club. 5:00 pm

Sept 30 GFWC National Day of Service Help Us End Hunger.

October Domestic Violence Awareness Month (See Signature Program article for more dates)

Oct 3 GFWC-NH Exec Comm Mtg

Oct 14 GFWC-NH Fall Field Meeting, Searles Chapel, Windham, NH Details coming soon.

Oct 15 Making Strides against Cancer NH Walk. GFWC-NH is having a team! Clubs can have members join the GFWC-NH team and get a free t-shirt. This is a great event.

Oct 15 GFWC-NH Clubwoman Newsletter deadline for articles for November edition (first week of Nov publication date.

Oct 22-28 ADVOCATES FOR CHILDREN'S WEEK

Nov 1st or first week of Nov GFWC-NH Clubwoman Newsletter sent to all members via Mailchimp. If you would like to receive this and have not been getting it, pls contact donna.maskwa@gmail.com

Dec 6 GFWC International Holiday Open House, Washington, DC

Jan 15 Reporting deadline for all GFWC-NH clubs

Jan 15 GFWC-NH Clubwoman Newsletter Deadline for articles submission

Feb 1 or first week of Feb Publication date for GFWC-NH Clubwoman Newsletter

Feb 15 Reporting Deadline for all GFWC-NH Chairmen and all reporting positions

Mar 1-31 WOMEN'S HISTORY MONTH

Mar 6 GFWC International Women's History Celebration

Mar 15 GFWC Reporting Deadline for all states.

April Child Abuse Prevention Month.

April Sexual Assault Awareness Month

Apr 15 GFWC-NH Clubwoman Newsletter deadline for submissions

Apr 21-27 VOLUNTEERS IN ACTION WEEK

Apr 24 FEDERATION DAY

May 1 or 1st week in May GFWC-NH Clubwoman Newsletter publication date.

June 29-Jul 1 GFWC ANNUAL CONVENTION, Chicago, IL. Let's ALL Go! Bucket List, Right?!

MARK YOUR CALENDARS FOR THE INAUGURAL



National Day of Service

SATURDAY, SEPTEMBER 30, 2023

Living the Volunteer Spirit

www.GFWC.org

#GFWC23NDS

Help Us to End Hunger in the United States By
Volunteering, Donating, or Organizing a Community Service Project



SAVE THE DATE for the Inaugural

GFWC National Day of Service

Saturday, September 30, 2023

Help Us to End Hunger in the United States By
Volunteering or Organizing a Community Service Project

GFWC Clubs can plan to:

- Volunteer at a local food bank
- Organize a food drive
- Raise awareness about hunger issues in the United States
- Advocate to end food insecurity in America

Look in *GFWC News & Notes*, GFWC's Facebook page and website for information and updates. To participate please email Melanie Gisler, Membership Director, at mgisler@gfwc.org and copy Deb Strahanoski, International President, at dstrahanoski@gfwc.org

Living the Volunteer Spirit • www.GFWC.org • #GFWC23NDS



**MAKING
STRIDES**
AGAINST BREAST CANCER®



Form a Team

Making Strides Against Breast Cancer of NH

A team is an ideal way to honor, support, and remember those who have been touched by breast cancer.
Gather your friends, family and co-workers and form a team!

What is a Team?

10 people or more—each team member is committing to raising a minimum of \$125.

9 people or less—entire team is committing to raising a minimum of \$1250.

Team benefits:

Team T-shirts (order deadline: 09/22/23)

Team Sign

Team Photo

Team included in the Story of Hope display



Register your team today at MakingStridesWalk.org/NH

Customize your webpage with your inspiration. Participants that personalize their pages raise 6x more money for the American Cancer Society.

The goal is to have every participant earn the official 2023 event shirt by raising \$125 or more on their personal fundraising page.

For more information contact: Tina Smith, Director of Teams
tismith12@comcast.net 603.491.4240

Join us to celebrate this year's fundraising success on Sunday, October 15, 2023



The American Cancer Society is a leading cancer-fighting organization with a vision to end cancer as we know it, for everyone. We are improving the lives of people with cancer and their families as the only organization combating cancer through advocacy, research, and patient support, to ensure that everyone has an opportunity to prevent, detect, treat, and survive cancer.

cancer.org | 1.800.227.2345

Every community. Every cancer. Every life.



of New Hampshire

An invitation to Survivors, Thrivers & Caregivers



**Please join us to experience the acceptance,
respect and support of this extraordinary day!**

**Making Strides Against Breast Cancer of NH
Sunday, October 15, 2023**

**Memorial Field, Concord, NH • 11:00AM
Opening Ceremonies & Group Survivor Photo 12:30PM**



Register today at MakingStridesWalk.org/NH

GFWC 2022-2024 CLUB MANUAL: READ IT, USE IT, LOVE IT!

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READING REALLLY SLOWWWW and HIGHLIGHTING TOO SO **TOTAL READ TIME**

8 HOURS MAX

SUMMER CHALLENGE 4 ALL MEMBERS: Start Today-Finish by first Sept Club Mtg!!!

GFWC-NH ESO Pledge Application

Please Complete Application and Send to:

Mary McGahan

ESO Co-Chairman

23 Triangle Park Drive Apt. 141

Concord, NH 03301

603-731-6991

mmc2277@gmail.com

Date _____

Name _____

Club _____

Address _____

City _____ Zip Code _____

Phone _____

Email _____

Signature _____