



# NEW HAMPSHIRE CLUBWOMAN

## NEWSLETTER May 2023

*A Member of the General Federation of Women's Clubs*



### ***President's Message***



*Dear GFWC-NH Club Presidents and Members:*

WOW! *CELEBRATING NH WOMEN PAST PRESENT AND FUTURE*, was the best theme for our 2023 GFWC-NH Annual Meeting this year! We actually celebrated for two whole days! And deservingly so, thanks to all your hard work. Our Friday night celebration of Federation Day kicked off celebrations with the well-attended UNITY BANQUET. Unity Awards were given to programs throughout our NH communities that we often partner with to support many of our GFWC-Community Service Projects. The award winners were nominated by our GFWC-NH Clubs.

Those receiving the 2023 GFWC-NH UNITY awards included: Beverly Glynn, Salem, NH *Historic Preservation Project*; Claire Bloom, Founder *End 68 Hours of Hunger*; Gwendolyn Gladstone, M.D., *Physician Advocate for Children*; Kate Baker Demers, Founder, *Children's Scholarship Fund, NH*; Pati Frew-Waters, Founder, *Seacoast Family Promise*; and Paul Staller, Development Director, *WAYPOINT*. The 2023 Unity President's Award went to: Kathy Farland, Founder of *Stepping Stones*. Maybe this was the first time ever that GFWC-NH was able to award a much-needed car to a well-deserved non-profit that serves the homeless teens and young adults in NH! It was quite a night, but it wasn't over until we had a great time raising even more funds for these organizations with a *FriendsGiving Event! BINGO and Silent Auction!!!*

***Thank you Christina Moran, GFWC-NH President's Project Chairman and Fund Raising Chairman for all the work you did to help make this such a successful event!***

The next day at the GFWC-NH Business Meeting it was time to celebrate the accomplishments of all our fantastic GFWC-NH Clubwomen!!! Again WOW! So much to celebrate.

Now, please read on to enjoy pictures and news of why it is with much pride that I say: Isn't it great to be a GFWC-NH Volunteer!!!!!!

See you all soon! And with a humble thank you for all you do, Beth



Beth Roth, President  
"Honoring NH Women Past, Present and Future"  
GFWC NH  
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## Dates to Remember

**GFWC-NH Spring Workshop for GFWC-NH Board of Directors, including ALL Chairmen**

**Tuesday, May 30, 2023 5:30-8:30pm Light dinner and beverages served.**

**Chamberlain House, 44 Pleasant St., Concord RSVP to Beth by 5/26**

**GFWC Annual Convention: June 10-12 in Louisville, Kentucky**

**National Day of Service: September 30, 2023**

**Watch for more dates (Fall Field and District Meetings) in upcoming editions of The Buzz!**





## Membership

Denise Raisanen, GFWC-NH President-Elect  
GFWC-NH Membership Chairman  
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It was impressive to read all the club Membership reports. Clubs reported on some very creative ways to continue to meet and keep members engaged in club as we emerged from the last two years of Covid.

One club launched a series to discuss NH Equality, another held lunch on member's porches, while coffees in the park, member orientations, installations, cookie swaps and annual meeting celebrations were held to attract, educate and celebrate clubwomen.

Congratulations to the clubs for their work in Recruitment, Recognition and Retention.

I was happy to receive reports from 10 clubs for the Seasonal "Sparkle and Shine" Campaign. They reported a gain of 90 new members with GFWC-NH with Salem Area Women's Club having 34 new members joining in the last 6 months. Remember to send me the list of your new members and send state and national dues to the GFWC NH Treasurer Cathy Hodson (with a note to me) so that I can report them to GFWC's Campaign. I will be sending a reminder to Club Presidents.

It was an exciting GFWC NH Annual Meeting at the Grappone Conference Center. Look for the Top Ten Projects and Creativity Award Winners in each category on the NEW GFWC NH website.

Congratulations to those clubs celebrating milestone anniversaries (photo below):

GFWC Just a Membership Club- 15 years

GFWC Candia Community Woman's Club – 40 Years

GFWC Exeter Area Women's Club – 70 Years

GFWC Nashaway Women's Club – Founded 115 Years ago

Here a photo of our impressive clubs celebrating IMPRESSIVE Anniversaries





## Reporting

Donna Maskwa, GFWC-NH Vice President

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2022 Reports are in the books!!!

Our Reporting year flew by with help from every single member. And finally, at our GFWC-NH Annual Meeting on Saturday April 29, we proudly celebrated our work with surprise announcements, smiles, laughter, reflective moments, group celebrations and CERTIFICATES!!

Our chairmen are amazingly talented and devoted to helping our clubs. They spend days reviewing our club reports to select a Top Ten list and Club Creativity Award in our Signature, Juniors' Special, Community Service Program and Advancement Plan categories. Then they were asked to come back with a single Top Choice Project. They make us all shine and in doing so provide all clubs with the best "HOW TO" book filled with ideas for every club to adapt. I have included a full listing of all our chairmen's award selections at the end of this newsletter.

**We also now have the full 2022 booklet of the Top Ten Projects and Club Creativity Awards ready for you to read online in the GFWC-NH library.** I might just nominate it to be our next ESO book read! Please take a peek. It's like the Cliff notes of great ideas and great details. It's an amazing and inspiring list. Please tell your members they should read it too.

Presidents of every club were asked to reflect on 2022 and tell us **which** project meant the most to **their** members. Presidents responded with the most deeply thoughtful stories. Here's a few: Portsmouth held a Back-to-School Supply Drive. The coolest part was they needed help to get more scientific calculators, so they went next door to the Masonic Lodge who was thrilled to collaborate! "Hi, we're the women from the big white house down the street..." I see a joint adventure ahead for those two groups! Somersworth emerged out of Covid-mode rocketing back into their community by participating in a town Holiday Craft Fair. Members joined together crafting, and laughing, raising money, attracting new members and are signed up for a repeat performance already! Woman's Club of Concord has knocked my socks off with their BIG projects involving strategic planning and fundraising for Historic Chamberlin House. But it was the simplest project called Lunch and Listen that meant the most to them. It's a BYOB sandwich event from noon to 1 for members and prospective members who want to learn more with drinks, desserts and rotating club members as hostesses. It's a chance to personally connect. As President Christy Dolat-Bartlett wrote "Building relationships is what every successful organization needs. Investing small amount of energy pays off." President Linda Twombly of Nashaway recounted the meaningful trip her club made to Benson's Park in Hudson to remember 9/11, the lost neighbors, the local heroes and how our country was changed. Thank you all.



At the end of this newsletter there's a full list of all Chairmen Award winners and the President's Choice winners. Club Presidents may still submit their choice for favorite project. The form is there and may be sent to me anytime this month. I'll be sure to get your club a certificate too. Thank you all for a wonderful year to Celebrate NH CLUBWOMEN!

Reporting for 2023 will open soon. Watch The Buzz and your emails for announcements.





### **Parliamentarian**

Joan Prue, GFWC-NH Parliamentarian

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Just some notes:

The very best book for a new president to learn the basic rules for running your meetings is Robert's Rules of Order Newly Revised IN BRIEF, the 3rd Edition.

Just my opinion...a lectern is a tall stand with a sloping top that a person uses to place their papers on and behind which the person addresses an audience. It can be a floor lectern or a table lectern... a podium is a low platform on which one stands at a lectern. (Think pod for podiatrist, podiatry.) Over the years people have started calling the lectern a podium. Just one of my pet peeves.

Remember:

Approval of minutes should be the first item of business on your agenda.

Opening ceremonies and a call to order are NOT business.

You do not need a motion to accept the minutes. If there are no corrections the minutes are adopted.

You never accept the report of the Treasurer. You adopt the financial review at the end of the year.

You don't need a motion to Adjourn the meeting. If there is no further business "the meeting is adjourned."

Have fun at your meetings and contact me at any time if you need any help.





### **Civic Engagement and Outreach**

Nancy Greenberg and Carol Waters, GFWC-NH Co-Chairmen  
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Ruth Bader Ginsburg said, ***"Fight for the things that you care about, but do it in a way that will lead others to join you."***

This is what GFWC-NH members have done. We have worked on 208 Projects and Programs and tallied 9,855 Hours. Clubs Donated: \$130,265, Gave In-Kind: \$100,624.00 and Dollars Raised: \$13,347.00 Some of our NH club's outstanding projects are mentioned here.

***"You pray for the hungry. Then you feed them. This is how prayer works."*** Pope Francis

The **Salem Area Women's Club** continued their TOTE (Transitional Opportunities to Evolve) program with Family Promise, a residential facility that houses homeless families and provides support to assist them to rejoin the community with job skills, financial advice and education opportunities and furnishings for a new home when possible. Their program included the following highlights:

Members donated a monthly meal, purchased and brought the food to Family Promise facility, where they cooked and prepared the meal while interacting with the residents. The club served 600 meals in a 10-month period at the cost of \$220 per meal (all In-Kind).

The members of the club worked with Family Promise to design and decorate their family room.

Members donated clothing and furniture for those residents moving out of transition.

For the holidays, members took the name and wish list of a resident (adults and children) of Family Promise and provided gifts to all.

All club outreach was displayed on their FB and website, Salem Face Book page and Salem and Nashua town sites.

85 members, 242 hours, \$5700. In-Kind Donations

***"Poverty is a very complicated issue, but feeding a child isn't!"*** Jeff Bridges

The president of the **Exeter Area GFWC**, chose Food Insecurity as her President's Project. She chose five nonprofit, 501(c)(3) seacoast organizations as recipients of a cash donation of \$1000.00 each and arranged with each for the club to provide hands-on work. Gather, St. Vincent de Paul, Seacoast Family Promise, End 68 Hours of Hunger and New Generation were the chosen nonprofits. Gather is an outdoor, mobile food mart. Vans travel to central points along the seacoast to offer nutrition- packed food to low-income families/individuals. Gather offers fresh produce and a food pantry. 18 Club members volunteered to assist to pass out food for a combined 77 hours. St. Vincent de Paul supports citizens and families facing food insecurity. Members held a food drive at a local grocery store, informing shoppers of St Vincent and asking for food donations. 15 members worked for 28 hours to fill the St. Vincent van. Seacoast Family Promise is transitional housing for those families suffering from food insecurity and homelessness. 5 members assisted staff with cleaning up the yard and the children's play area. Toiletries valued at \$160. were donated, along with essentials for toddlers at a value of

\$307.00. New Generation is emergency transitional housing supporting homeless pregnant women or those with babies. Their immediate needs last spring were Birthday Bags. Club members filled 12 bags with age- appropriate books, toys, birthday celebration items valued at \$270.00, 24 hours. End 68 Hours of Hunger supplies food to a child at school on Friday to take home and eat throughout the weekend – 68 hours! Members collected, sorted, stacked on shelves, packed into packs at the main facility and delivered to schools. 8 members spent 55 hours. 36 members, 194 hours, \$5000.00 dollars donated, \$737.00 In-Kind Donations.

**Candia Community Woman's Club** joined forces with the Cub/Boy Scouts by organizing a community food drive, "Scouting for Food". The scouts mailed a flyer to all residents of Candia to inform them of the event and the items most needed for the Candia Food Pantry. The following week, the scouts/families drove around town and picked up the donated items, delivering them to the food pantry. Candia club members, scouts and families then sorted, dated, and stocked the food pantry with all donations. 2,940 items were collected. 14 members, 72 hours, \$8,820.00 In-Kind

***"As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others."***     **Audrey Hepburn**

The **GFWC Hudson Women's Club** is a valuable and trusted part of the town's election machinery! They sponsored a Candidates' Night prior to the 2022 March election. They assisted the Moderator in collating the pages of the town ballot and then counted school and town ballots in piles of 50 to verify the number of votes. Following the March election, members met at Town Hall to reconcile voter books and tally ballots marked by hand. Members were also asked to assist in a recount. The club was paid by the town for these duties and earned money by providing dinners for poll workers and a bake sale. 36 Members, 335 hours, \$600.00 In-Kind, \$2047.00 Dollars raised!

**Hollis Woman's Club** lit up their community with the Annual Luminaria Stroll, an all-day event organized and sponsored by the club, with ALL labor by the club, to celebrate the holidays and encourage the community to joyously gather. The event was comprised of a gingerbread house contest, lighting the luminaria all over the town center, chili supper at a central church, craft vendors at Town Hall, lighted truck and tractor parade, photos with Santa, cookie sales (baked by club and sold in fancy boxes), a town band concert at the High School in the evening. \$1300. was raised for the club's scholarship fund. 90 members, 100 Hours, \$1400.00 Dollars Donated, \$250. In-Kind

Thank-you to all our NH Clubs for your time and service.





## Environment Community Service Program

Phyllis Appler and Elaine French, GFWC-NH Co-Chairmen

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Remember that the Heifer Project involves domestic animals, so it is included in the Environment section of GFWC! Can your club make an end of year Heifer gift or have some fun with the Heifer Project! Heifer has lots of gift ideas!

Take this quiz to see your animal match:

<https://www.heifer.org/perfectmatch.html>.

This would be fun to do at a club meeting!



Chickens \$20

Ducks \$20

Honeybees \$30

Goat \$120

Pig \$120

Sheep \$120

Alpaca \$150

Water Buffalo \$250

Heifer \$500

Ark \$5000

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." Margaret Mead





## Health and Wellness

Laura Otterson and Deb Provencher, GFWC-NH Chairmen

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Thank you to all the GFWC-NH Clubs that reported on Health and Wellness. There was a wonderful variety of great projects reported encompassing all ages and fulfilling a variety of needs. Health and Wellness Community Service Program aims to explore opportunities for awareness in three areas: disease awareness and prevention, nutrition and physical and emotional care encompassing body, mind and spirit.

### **TOP Project Award -Salem Area Women's Club GFWC-NH -Everyone Deserves A Happy Family**

The Center for Life Management provides a comprehensive suite of mental health and substance use services, psychiatric treatment, acute care, medication services, emergency intervention, and family and family support services. They work closely with a variety of regional health and human services providers to ensure mental health care is comprehensive, integrated and community based. Salem Club supported CLM through a sponsor donation for their annual event -a concert and silent action.

### **GFWC-NH CLUB CREATIVITY Award- GFWC Dover Area Woman's Club- Twenty- One Senses- Inclusion, Education and Support**

GFWC DAWC partnered with the Dover Chamber of Commerce and Twenty-One Senses to run Apple Harvest's first Calm Space/Family Respite Area. Twenty-One Senses' mission is to teach communities to support the inclusion, dignity and well-being of the 17 % of people living with sensory disabilities.

Sensory disabilities affect how the brain translates senses. The designated space enables people to relax, re-regulate and then go back to the festivities. Quieter activities were clustered and set up toward the back. Members set up a balance board, rocker lounger, wiggle seat, coloring tables, sensory tables, play tent and many other areas. They monitored the area and talked with parents. The space also included a much appreciated changing and nursing tent. It was rewarding to see how the children liked the area and the calming effect it had on everyone. Club women embraced the project with little knowledge and saw the benefits firsthand. Wouldn't it be wonderful for more clubs to learn about Twenty-One Senses?

To keep the ball rolling we would like to continue Walking Clubs and maybe add a special Mother's Day event next year. We encourage clubs to raise awareness and show support by participating in Fundraiser walks for Breast Cancer, Alzheimer's, St Jude's and other worthwhile causes.

Reach out to Deb or me with any questions or suggestions. We welcome sharing new ideas. We are proud to be a part of a world of compassionate, giving and kind women.





## Arts and Culture

Sheila Casey and Mary Ryan, GFWC-NH Co-Chairmen

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**“Whoever loves much performs much and can accomplish much and what is done in love is done well!” Vincent VanGogh**

Quilting, Tree Decorating, providing Craft Supplies Painting, Speakers, Dancing, Performing Arts, Photography and Music resulted in **6 Clubs** reporting **27 Projects, 889 Hour and \$8,989 donated under** Arts and Culture for 2022. We are excited to present Awards for this Community Service Area at GFWC-NH Annual Meeting.

### **GFWC-NH Photography Contest**

**Mary Ryan** did a wonderful job coordinating the GFWC-NH 2022 Photography Contest. We both hope you enjoyed the skit at our NH Mid-Winter meeting promoting the upcoming GFWC Annual Convention in June. Congratulations to Pauline Selfridge, Mary McGahan, Marty Kirsch, Deborah Georgevits, (represented by Judy McPhail), Joan Troup our People's Choice Special Award winner, Denise Raisanen, and Carol Waters. Also pictured, GFWC-NH Arts and Culture Co- Chairman, Mary Ryan



**GFWC Arts and Culture Chairman Pam Ament**, as part of GFWC's Community Connection Initiatives (CCI), is encouraging clubs to create a digital or printed brochure creating a **Path to Community Gems** in your Community branding GFWC and your club. (Full description of this idea is online in [My Digital Library>Resources>C>Club Manual>Special Programs and CSPs](#))

**May your journey be laced with friendship, adventure, fun and education!**



### **GFWC-NH Clubwoman Newsletter**

Donna Maskwa and Stephanie Riotto, Co-Chairmen

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This edition of GFWC-NH Clubwoman Newsletter is packed with fun, info and photos. Thank you's go out to all our volunteer photographers who sent in photos from our GFWC-NH Annual Evening of Unity Banquet, Friendsgiving Event and the Saturday GFWC-NH Club Awards. These members really stepped up to the challenge to get terrific photos to add to Lexie Kearley's shared photo album - Norma LaPointe, Mary McGahan, Tina Smith, Marilyn Suszek, Dolores Van Blarcom and others too. Enjoy!

### **IMPORTANT DEADLINE INFO FOR OUR NEW AND NEXT SUMMER EDITION:**

Deadline for Chairmen and Club articles will be **JULY 15<sup>th</sup>, 2023** with an anticipated publication date of the first week of AUGUST 2023. Please put this on your calendars now. Articles can be drafted sooner and emailed to me sooner if you'd like to take this off your "to do list" this summer. Arial 11! One-inch margins! As previously announced in past newsletters, this edition is the start of our Newsletter "Team" officially adding a fourth annual edition. Planned with a Pre-September publication date we hope this will give Chairmen and clubs an earlier opportunity to share ideas with one another before many clubs kick off their "back to club" fall activities. We'd love to have EVERY chairman share their ideas and inspirations for clubs. Our GFWC-NH Clubwoman Newsletter is meant for all club members, some who may not come out to our state meetings. It's our most valuable communications tool to reach out to them. As editors, Stephanie and I would also offer the advice to think way ahead too to get project dates, contest dates and ideas out there even for winter ideas. Clubs need tons of advance announcements and time to plan to get their clubs to participate.

We'll also be sure to share news and photos from the GFWC Annual Convention in Louisville.

Bon Voyage to all our members who will be traveling to Kentucky. Send postcards and photos and as my dad used to say, "Please don't get arrested"!!





## GFWC-NH Scholarship Committee

Judy McPhail, Chairman

[mcphail.j@comcast.net](mailto:mcphail.j@comcast.net)

Madame President and GFWC-NH sisters:

As Scholarship Chair it is my pleasure to introduce this year's winners of our two \$2000 scholarships given by our NH Federation to NH High School graduates. Both scholarships are given out at the beginning of the recipient's second semester.

The **Mrs. Dexter Otis Arnold Scholarship** is available to a female resident of NH graduating from high school who will enter an accredited NH college or university.

Ava Walsh is a member of the class of 2024 at Hopkinton Middle High School. She has completed all the requirements to graduate a year early plus has taken four college courses.

She and her sister have been in a guardianship for the past eight years and she does maintain a relationship with her mother.

Ava will attend New England College to obtain her Nursing Degree. She has been President of a very active 4-H club for the last four years and hopes to raise livestock throughout her lifetime. She works 20 hours a week during the school year and plans to continue during college. The last sentence in her essay is "Will you help me achieve my academic goals?"

The Scholarship Committee is pleased to help Ava!

The **GFWC-NH Scholarship** is available to a male or female high school senior, residing in New Hampshire, and will be attending any accredited university, college, technical or specialty school. This scholarship is based on community service, achievement, financial need, leadership, the applicant's individual determination, and school activities.

Brian Perry Jr. of Milan, a senior at Berlin Middle High School, has been chosen to receive the GFWC-NH Scholarship. He intends to major in Exercise Science at UNH.

Brian's essay clearly shows he read the criteria for this scholarship. He mentions his community service, being captain of both the basketball and the baseball teams this year, "determination to always be better" and financial need. I'll now support his claims. Between National Honor Society and Key Club, Brian has volunteered over 100 hours in two years. Leadership is proven when your teammates elect you as their captain. Brian's opening sentence reads "I am pursuing further education to give myself and hopefully my family a better life." He lives with his Grandparents but maintains a relationship with his parents as they struggle with addiction. He has known homelessness. He is graduating in the top 1/6 of his class and works two jobs during the school year.

The Scholarship Committee has confidence in Brian!





## **Communications and Public Relations**

Dolores Van Blarcom and Cathy Gast, GFWC-NH  
Chairmen

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We've all heard the term "Elevator Speech" and probably been told that we need to have one for our GFWC club. But what is it and where do we start. Here is a great description of what an Elevator Speech is and how to have one at the ready. If we all use our Elevator Speeches and practice throughout the summer, we have the possibility of having a ton of new members in the fall.

If you have any questions, please feel free to reach out to me.

Yours in Sisterhood, Dolores VanBlarcom

## **Elevator Speech**

presented by Nancy Ames, GFWC President-elect at GFWC Maine District Meetings 2017

### **WHAT IS IT?**

An elevator speech is an overview of an idea for a product, service or project. The name reflects the fact that an elevator speech can be delivered in the time span of an elevator ride, which is approximately 30 seconds. The idea of an elevator speech is to have a prepared presentation that grabs attention and says a lot in a few words.

An effective elevator speech comes in handy when you are attending an event, conference or some other type of meeting with networking opportunities. Have you ever noticed that one of the first questions people ask is "and what do you do?" Your usual canned response is - Oh - I am teacher, or I am a business owner, or I am retired. However, if you turn your message around and start with an answer such as "I am dedicated to community improvement by enhancing the lives of others through volunteer service- don't you think their ears will perk up and they will want to know more?"

So, what comes next? This is where your pitch, or elevator speech, comes in. Let's be honest- many of us may freeze up or fumble as we search for the words to explain all the awesome work we do as an organization. Here are some tips to help you to engage potential members or supporters when they ask "What exactly is GFWC?"

### **WHERE DO I BEGIN?**

1. Who am I? Are you a Club member, Club or State Officer or Committee member? Introduce yourself that way, such as "I am Nancy Ames, GFWC Maine President- elect and a member of the Semper Fidelis Club here in town."
2. What am I trying to accomplish? Make it personal - GFWC motivates us all in different ways, so think about what makes you excited to be a member. There are several aspects to choose from, including service projects, fundraising, community involvement, or social interaction. If you believe strongly in what you are conveying and are sincere, it will make your pitch more effective. Keep it short and to the point. "Our Club is involved in projects around our community to improve the lives of others. A recent project we did

was to sponsor a 3 mile walk around our town to bring awareness to Alzheimer's. We simply asked anyone who was interested in walking to show up in purple and donate \$10. We raised over \$700 for the Alzheimer's Association of Maine.

3. End with an Action or your "Hook. This will give you an opening to either continue the conversation or get the potential Member's contact information. A great example is to ask "If you could improve one thing in your community, what would it be?" Making the question personal will hopefully encourage a meaningful conversation. Does your Club have business cards or brochures with your Club's contact information? Invite them to a meeting or an upcoming project or fundraising event. Ask them for their contact information.

**Keep in mind the basic elements of an effective elevator speech:**

1. Be concise - use as few words as possible.
2. Be clear - An effective elevator speech is one that can be understood by your parents, grandparents and the kid next door. Make sure your audience understands what you are talking about and what's in it for them.
3. Be informative - As much as possible, an effective elevator speech is specific and tangible. Talk about leadership, accomplishments and goals.
4. Be engaging - This should be a conversation starter, not a monologue. You want to spark the interest of your audience, not bore them.
5. Finish with a request - At the end of your pitch, you must ask for something. Do you want to invite them to a meeting, donate for an event, work with them on a project?

And then finally - Practice, practice, practice! This is probably the most important factor of all, because when someone asks you "What is GFWC?" and you fumble and freeze, the opportunity to recruit a new member or supporter may be lost. Use a family member, a mirror, or give your speech to the casserole in the oven - whatever works for you. Practicing will ensure that the next time you get an opportunity to speak about GFWC you will be prepared to rise to the occasion!





## **GFWC Concord Contemporary Club**

Deb Georgevits, President

The GFWC Concord Contemporary Club continued to stay busy throughout the end of winter and into early spring. One of our ongoing projects finds us supporting Pine Haven Boys Center, a private, non-profit intensive residential facility that cares for boys with behavioral, educational or emotional problems. Along with providing each boy with a gift on his birthday, the club treated the boys to an ice cream social!! Members also toured the facility and visited with the boys. This fun activity also gave us an opportunity to wear our newly designed CCC tee shirts too!

We are now holding a Little Caesar Pizza and Flower Power online fundraisers - hoping to earn some extra money to give out when we make our donations to various groups at the end of our club year! Contact any CCC member or go to our GFWC Concord Contemporary Club Facebook page for details.

We always remember to honor children by planting blue pinwheels in April around our city! Members placed them in various locations along with a sign of explanation.

We can't always just work... our club members just enjoy having fun together too!

Monday nights have us gathering at the Regal movie theater for Mystery Movie night! The movie costs \$5.00 and the fun is that you don't know what movie you are going to see until it begins!

Members are looking forward to attending the annual meeting and continuing with on-going projects to finish our club year!





## Nashaway Woman's Club

Joan Prue and Linda Twombly, , Co-Presidents

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Nashaway Woman's Club put together 48 May Day baskets to give to seniors at Nashua Crossing Assisted Living Facility at their meeting on Monday May 1st. We also had a member come for her first meeting since joining and was presented a rose and club booklets. Our election of officers took place. Joan Prue and Linda Twombly will remain as Co-Presidents and Betsy Cotton will serve as Vice President, Mary Hartnett as Recording Secretary and Pauline Selfridge as Corresponding Secretary. Sheila Selfridge will remain the Treasurer. We had 18 members in attendance. It was a very productive day with lots of excitement rolling over from our GFWC-NH Annual Meeting. Betsy Cotton, who also is co-member of Hollis Woman's club, received an award at the annual meeting. She and Lori Dwyer were very pleased to receive this for the club.

We are looking forward to planning events for the summer so we don't lose touch. Scholarships are decided later this month and presented to students in June at their respective high schools. I'm still on a high from annual meeting. It was a great event with so many awards being received and given out to club members throughout the state. Thank you ladies of GFWC-NH !!!







## Portsmouth Women's City Club

Carrie Barron

[carrie@portsmouthwomenscityclub.org](mailto:carrie@portsmouthwomenscityclub.org)

Here's a favorite photo from PWCC's Club President's Choice Project for their selection of their favorite 2022 club project, Back to School Supplies.





## 2023 GFWC-NH Honor Roll Honorees



The Honor Roll is a long-standing annual tradition (since 1939) in recognition of GFWC-NH clubwomen who have contributed and made a positive difference in their club and in their communities. We acknowledge and honor these exceptional women selected by their club with a minimum of 2 years membership in the GFWC organization.

This recognition is presented at the GFWC - NH Annual Meeting. Each Honoree receives a specially designed GFWC - NH Honor Roll pin and a Certificate of Achievement. Honor Roll recipients will be noted for 2 years in the GFWC - NH Yearbook which is a permanent record of GFWC - NH history.

Congratulations to this year's GFWC-NH Honor Roll Recipients.

### **GFWC Dover Area Woman's Club**

**Donna Goldfarb**

### **Exeter Area GFWC**

**Beverly Fulton**

**Jacqueline Smith**

### **Friends in Council**

**Ilene Grant**

**Beth Johnson**

### **GFWC Hudson Women's Club**

**Alison Dillman**

### **GFWC JAM Club**

**Lisa Connors**

### **Nashaway Women's Club**

**Sheila Selfridge**

### **Salem Area Women's Club GFWC-NH**

**Linda Molchan**

**Sandy Carlson**





# Certificate of Recognition



## General Federation of Women's Clubs New Hampshire

### **2022 Club President's Choice Awards**

**GFWC-NH Annual Meeting April 29, 2023**

**Selected by each Club President for a Single Project That best reflects the  
"Sparkle and Shine" of the Club's Members**

#### **Candia Community Woman's Club**

Stitching Up the World  
Melissa Wingfield and Michelle Rotunna,  
Club Presidents

#### **GFWC Dover Area Woman's Club**

Holiday Stockings and Cards for  
Veterans and Active Military  
Mary Jane Lowe, Club President

#### **Exeter Area GFWC**

Food Insecurity Awareness  
Mary Ryan, Club President

#### **Concord Contemporary Club**

Recycling for Trex Benches  
Deborah Georgevits, Club President

#### **GFWC Hudson Women's Club**

Operation Care for our Troops:  
Holiday Stockings for the Troops  
Laurie Jasper, Club President

#### **Just A Membership (JAM) Club**

1<sup>st</sup> Time State Meeting Attendees Recognition  
Denise Raisanen, Club President

#### **Lisbon Friends in Council**

Raffle Quilt with special mention of their pre-  
Covid Valentine Candy Making project  
Judy Brulet, Club President

#### **Nashaway Woman's Club**

Remembering 9/11  
Joan Prue and Linda Twombly,  
Club Presidents

#### **Portsmouth Women's City Club**

Back to School Supply Drive  
Carrie Barron, Club President

#### **Salem Area Women's Club GFWC-NH**

Comfort Bags for Assault Victims  
Patti Drelick, Club President

#### **Women's Club of Concord**

Lunch and Listen  
Christy Dolat-Bartlett, Club President

#### **Woman's Club of Somersworth**

Holiday Craft Fair  
Stephanie Riotto, Club President

*Beth Roth, GFWC-NH President*



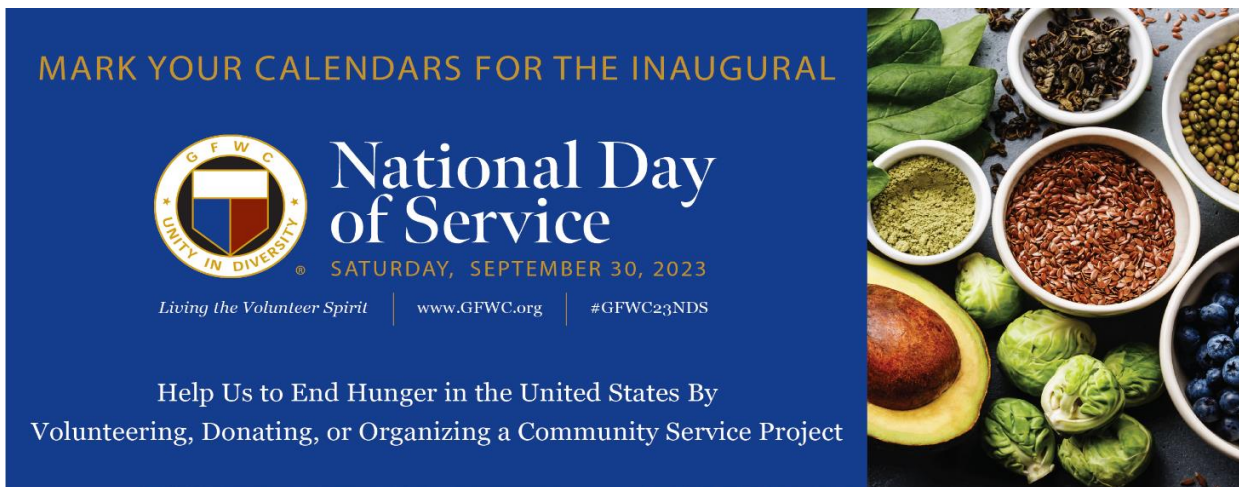
## Club President's Choice Award Nomination Form

<b>The Official Name of your Club</b>	
<b>Your Club Logo If you have one:</b>	
<b>Project title of your “Club President's Choice Award” for your Club’s Top Project from 2022 Reporting Year.</b>	
<b>A brief description of the project and why it was your top choice or favorite club project of the year.</b>	
<b>Deadline: Open until June 1</b> <b>Please return this form to Donna Maskwa</b> <a href="mailto:donna.maskwa@gmail.com">donna.maskwa@gmail.com</a> <b>603-502-8606</b> <b>And</b> <b>Beth Roth:</b> <a href="mailto:eroth@rothlawyers.com">eroth@rothlawyers.com</a>	



## 2022 GFWC-NH CHAIRMEN'S AWARDS for TOP PROJECT and CLUB CREATIVITY by CATEGORY

Category (Abbreviated)	Chairmen	Club Name (Abbrev)	Project Title
<b><u>Specials</u></b>			
DVAP Top Project	Mary McGahan	<a href="#">Concord Contemporary Club</a>	Welcome Home Housewarming for Survivor
DVAP Club Creativity ....	Mary McGahan	<a href="#">Salem</a>	Brigid's House of Hope Housewarming and Support
Juniors' Advocates for Children Top Project	Donna Maskwa	<a href="#">Exeter</a>	WINGS for a Single Mom and her Kids
Juniors' Advocates for Children Club Creativity	Donna Maskwa	<a href="#">Hudson</a>	Pinwheel Garden and Support for Bridges
<b><u>Community Service Programs</u></b>			
Arts & Culture Top Project	Mary Ryan	<a href="#">Exeter</a>	Festival of Trees for Exeter Area Community Children's Fund
Arts & Culture Club Creativity	Sheila Casey	<a href="#">Lisbon Friends in Council</a>	Quilts of Valor
Civic Engagement Top Project- 3 options	Nancy Greenberg	<a href="#">Exeter</a>	Hunger: Food Insecurity
		<a href="#">Salem</a>	Homeless: TOTE Program-Transitional Opportunities to Evolve
		<a href="#">Hudson</a>	Citizenship: Hudson Election Workers
Civic Engagement Club Creativity	Carol Waters	<a href="#">Portsmouth Women's City Club</a>	Holiday Market
Education & Libraries Top Project	Alexis Kearley	<a href="#">Hudson</a>	Read Across America
Education & Libraries Club Creativity	Marily Suszek	<a href="#">Salem</a>	Stay Warm and Read
Environment Top Project	Phyllis Appler	<a href="#">Hudson</a>	Butterfly Garden
Environment Club Creativity	Elaine French	<a href="#">Candia Community</a>	Trex Recycling Challenge and Bench
Health & Wellness Top Project	Laura Otterson	<a href="#">Salem</a>	Everyone Deserves a Happy Life
Health & Wellness Club Creativity	Deb Provencher	<a href="#">Dover</a>	21 Senses- Inclusion, Education and Support
<b><u>Advancement Programs</u></b>			
CPR Top Project	Dolores Van Blarcom	<a href="#">Lisbon Friends in Council</a>	Raffle Quilt
CPR Club Creativity		<a href="#">Candia Community</a>	Old Home Day
Leadership Top Project	Rachel Kingston	<a href="#">Woman's Club of Concord</a>	Strategic Planning
Leadership Club Creativity	Rachel Kingston	<a href="#">Salem</a>	Annual Meeting and Installation Gala
Legislation & Public Policy Top Project	Laurie Jasper	<a href="#">Nashaway</a>	United States Constitution Club Discussion
Legislation & Public Policy Club Creativity	Laurie Jasper	<a href="#">Nashaway</a>	United States Constitution Club Discussion
Membership Top Project	Denise Raisanen	<a href="#">Dover</a>	Coffee in the Park
Membership Club Creativity	Denise Raisanen	<a href="#">Dover</a>	Dover Library Community Volunteer Fair
Fundraising & Development Top Project	Chrystina Moran	<a href="#">Candia Community</a>	Town Wide Yard Sale
Fundraising & Development Club Creativity	Chrystina Moran	<a href="#">Hollis</a>	Town Wide Strawberry Festival
WHRC Top Project	Phyllis Appler	<a href="#">Woman's Club of Concord</a>	Updating Chamberlin House: Our Historic Home
WHRC Club Creativity	Phyllis Appler	<a href="#">Salem</a>	Preserve, Promote and Inspire: Salem Club History



## **SAVE THE DATE for the Inaugural**

### **GFWC National Day of Service**

**Saturday, September 30, 2023**

Help Us to End Hunger in the United States By  
Volunteering or Organizing a Community Service Project

GFWC Clubs can plan to:

- Volunteer at a local food bank
- Organize a food drive
- Raise awareness about hunger issues in the United States
- Advocate to end food insecurity in America

Look in *GFWC News & Notes*, GFWC's Facebook page and website for information and updates. To participate please email Melanie Gisler, Membership Director, at [mgisler@gfwc.org](mailto:mgisler@gfwc.org) and copy Deb Strahanoski, International President, at [dstrahanoski@gfwc.org](mailto:dstrahanoski@gfwc.org)

*Living the Volunteer Spirit* • [www.GFWC.org](http://www.GFWC.org) • #GFWC23NDS

## Friday Unity Banquet and Awards





## GFWC-NH Annual Meeting

